

2011 SOUTHWEST LOUISIANA DISTRICT SENIOR GAMES

Men & Women 50 Years or Older

SPORTS in Green are OPEN to Athletes 40 +



March 19 – April 9, 2011

**Entry Deadline
March 8, 2011**

For additional information contact:

Adele F. Mart @ 337- 721-4020 or 337-625-2145

E-mail: afmart@hotmail.com or amart@cppi.net

Or

Diane or Dixie @ 337-625-7556

GENERAL ENTRY INFORMATION - KEEP THIS SECTION

Fill out the Registration form and mail it with your check or money order to:

SOUTHWEST DISTRICT SENIOR GAMES

P.O. Box 806

Sulphur, LA 70664

DO NOT STAPLE CHECK OR MONEY ORDER TO REGISTRATION FORM

Do not send cash

SPORTS & EVENTS (See comprehensive list)

QUALIFYING EVENTS: Bowling (singles), Dance Competition, Field (discus, javelin, shot-put), Golf (medal), Horseshoes (advanced), Table Tennis (singles), and Shuffleboard (advanced).

Instructions for all participants:

1. Print or type all information requested on entry form.
2. Waiver must be signed and dated at the bottom of entry form.
3. Include proof of age if you have not previously participated in the Southwest District Senior Games.
4. **Include payment for: fees, guest meals, and larger T-shirt fees.**

Additional fees (To be paid at site): Golf: \$15.00 (green fees), Bowling: \$5.00 *per event* (singles + doubles + mixed), Putt-Putt Golf: \$ 5.00

NEW PARTICIPANTS: Please enter the name of the person who recruited you on the "Referred by" line of your Individual entry / Waiver Form.

ELIGIBILITY: Open to anyone 50 or older by Dec. 31, 2011. **SPORTS in Green are OPEN to Athletes 40+.** The Southwest Games are an OPEN event. Out-of-district/out of state residents are eligible and encouraged to participate. Entry forms must be submitted to the Southwest District Senior Games by **March 8, 2011.**

FEES: Basic entry fee is \$15.00 for first 3 sports. (For EXAMPLE- Golf, Dance Team, Washer Pitch (3 sports). Additional sports \$2.00 each.)

GENERAL INFORMATION - KEEP THIS SECTION

AGE GROUPS: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95+. Age group is determined by age as of December 31, 2011. Age groups for teams, doubles, and mixed doubles are determined by the age of the youngest player. In events, which require head-to-head competition, age groups will be combined when only one person/team is registered in an age group.

EVENT SELECTION: It is your responsibility to carefully select the events in which you wish to compete. **You will not be allowed to enter events scheduled at the same time. In sports with recreational and advanced events, you can enter only one category.** Choose either the recreational or advanced event according to your athletic ability.

IMPORTANT: In checking your Sport, be sure that you avoid conflicts of times in each Sport checked. All times stated are starting times. **SPORTS ARE IN BOLD PRINT. SPORTS in Green are OPEN to athletes 40+.**

ENTRY DEADLINE: March 8, 2011. **No entries will be accepted after March 8, 2011. No entries will be accepted at the time of an event. NO REFUNDS AFTER DEADLINE.**

PARTNERSHIPS AND TEAMS: All partners and team forms must be sent together. Team captains must complete roster forms and return material together. Teams must be all of one sex, with the exception of mixed events.

EQUIPMENT: Participants are required to provide their own equipment for: Shooting .22 cal. pistol, .22 cal single shot rifle, Golf, Bait Casting and Archery.

Out of District/State participant cannot displace in-district participants in the top 3 - they win their own award. Age division for doubles will be determined by the age of the youngest partner, teams by the age of the youngest member. **The 2011 Southwest District Games is a qualifying site for State Senior Olympic Games.**

GENERAL INFORMATION - KEEP THIS SECTION

TEAM REGISTRATION: Team Captains must complete the Team Roster Form. Completed forms must be postmarked no later than **March 8, 2011** for Dance and Bean Bag Baseball. Each member of the team must fill out an individual entry form. If you are only on a team, please send an individual entry form and fees along with the team roster at one time. **PLAYERS WHO ARE ALREADY ON THE TEAM ROSTER MUST COMPLETE PAPER WORK AND PAY FEES BEFORE DEADLINE.**

*****Team Captains please call 337-625-7556 for a team roster form before deadline.**

CHECK IN: Prior to Opening Ceremonies participants can pick up packets in the McNeese Recreational Complex Arena. Packet for off-site events will be available on site.

CANCELLATION/POSTPONEMENTS: Sports using outdoor sites are weather dependent. Games officials reserve the right to cancel or postpone events due to inclement weather or unusual or extenuating circumstances. **Rain out date is April 16, 2011. No Refunds due to weather.**

GUESTS: *Family and friends are welcome to attend all sporting events free of charge with the exception of lunch. There is a \$2.00 charge per guest per day for lunch. Lunches must be ordered with this entry form.*

DISTRICT GAMES are designed to make available additional competition in athletic events already being held at the state level. **Athletes must qualify in one of the 2011 District Games to compete in the 2011 State Championship Games in the following events:**

- **Bowling Singles (top three scratch score places)**
- **Men & Women Golf (must meet minimum standard)**
- **Advanced Horseshoes (top three places)**
- **Table Tennis Singles (top three places)**
- **Advanced Shuffleboard**
- **Discus**
- **Javelin**
- **Shot Put (top two places)**
- **Dance Team Competition (two per district)**

Athletes may also qualify by meeting minimum qualifying standards for each starred event.

DRESS CODE: Appropriate athletic attire is required for each sport.
NO SUBSTITUTIONS OR REFUNDS AFTER March 8, 2011.

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**Southwest District Senior Games
C/O Diane Devincenzi
P.O. Box 806
Sulphur, LA 70664**



2011

**Southwest Louisiana
District Senior Games**

Lake Charles, Sulphur, Carlyss
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