

2011 SOUTHWEST LOUISIANA DISTRICT SENIOR GAMES

SPORTS IN GREEN ARE OPEN TO ATHLETES AGE 40+

Sat. March 19, 2011 Shooting Pistol & Rifle	8:00 am Calcasieu Training Academy - 3958 Mallard Cove, Lake Charles, LA
Fri. April 1, 2011 Opening Ceremonies Competitive Events (swimming)	8:30 am MSU Recreational Complex - McNeese State University
Sat. April 2, 2011 Track & Field	8:00 am MSU Track
Mon. April 4, 2011 Golf (medal play)	9:00 am <u>Please do not arrive before 8:45 am</u> Frasch Park – 400 Picard Rd, Sulphur, LA
Tues. April 5, 2011 Bean Bag Baseball	8:00 am MSU Recreational Complex
Wed. April 6, 2011 Swimming	10:00 am Our Lady Queen of Heaven Life Ctr. 3939 Monsignor DeBlanc Place
Thurs. April 7, 2011 Bowling	12:30 pm Petro Bowl – 630 Petro Point Dr. Lake Charles, LA
Putt-Putt Golf	4:30 pm Putt-Putt Golf - 620 Petro Point Dr.
Sat. April 9, 2011 Archery	9:00 am Carlyss Park – 6443 Carlyss Dr. Carlyss, LA

Qualifying site for:

2011

State Senior Olympic Games

In the following Sports:

**Bowling (singles), Dance Team,
Discus, Golf, Horseshoes (adv),
Javelin, Shot Put, Shuffleboard (adv),
Table Tennis (singles)**

LOCAL HOTELS

Lake Charles

Comfort Inn
Nicholas Vasseghy
607 East Prien Lake Rd
Lake Charles, LA 70601
337-478-4650
comfort@communityhotels.com

Inn on the Bayou
Barbara Sittig
1101 West Prien Lake Rd.
Lake Charles, LA 70601
337-474-5151
sittigb@yahoo.com

Sulphur

Microtel Inn
Deirdre Butts
2619 S. Ruth St.
Sulphur, LA 70665
337-527-1000
deirdrebutts@yahoo.com

Quality Inn & Suites
Midge Singleton
320 North Cities Service Hwy
Sulphur, LA 70663
337-626-7000
gm.la005@choicehotels.com

2011 SCHEDULE SOUTHWEST DISTRICT GAMES

**KEEP THIS PAGE WITH YOU AS A REFERENCE FOR
DATES & START TIMES** (Do not mail this page)

Saturday, March 19		
Shooting Pistol & Rifle	All report at 8:00 am	Cal. Regional Training Academy
Friday, April 1	Hospitality Room opens after the Opening Ceremonies	
Packet pick-up	7:45 am	McNeese Recreational Complex
Opening Ceremonies	8:30 am	McNeese Recreational Complex
Bait casting	All report by 10:30 am	McNeese Recreational Complex
Basketball Free Throw	All report by 9:30 am	McNeese Recreational Complex
Billiards	All report by 2:00 pm	Frosty Factory, Lake Charles
Bolo Golf	All report by 1:00 pm	McNeese Recreational Complex
Dance Team	Start at 3:00 pm	MSU Rec Complex, Room 201
Dominoes	All report by 12 noon	McNeese Recreational Complex
Shuffleboard (all events)	Report at 10:30 to check brackets for start time	McNeese Recreational Complex
Spelling	All report at 1:00 pm	MSU Rec Complex, Room 200
Table Tennis (all events)	Starts at 1:00 pm	McNeese Recreational Complex
Throws for accuracy	Age 65+ start at 9:30 am Age 50-64 start at 10:30 am	McNeese Recreational Complex
Washer Pitch	Report at 9:00 am to check brackets for start times	McNeese Recreational Complex
Saturday, April 2		
Discus (male & female)	Start at 8:00 am	McNeese Track
Javelin (male & female)	Start at 10:30 am	McNeese Track
Shot put (male & female)	Start at 9:30 am	McNeese Track
Softball throw distance	Start at 11:15 am	McNeese Track
All Track events: 5000m, 50m, 100m, 800m, 200m 400m, 1500m	Start at 8:00 am	McNeese Track
Walk ½ mile	All start at 10:30 am	McNeese Track
Walk 1 mile	All start at 11:00 am	McNeese Track
Horseshoes (all events)	Report at 9:00 am to check brackets for start time	McNeese Track
Monday, April 4		
Golf (Medal play)	All report at 9:00 am Not before 8:45 pm	Frasch Park, Sulphur
Tuesday, April 5		
Bean Bag Baseball	All report at 8:00 am	MSU Recreational Complex
Wednesday, April 6		
Swimming (all events)	Events start 10 am---50M back, breast, free, 100M--- back, breast free & IM	Our Lady Queen of Heaven 15 minutes between events
Thursday, April 7		
Bowling Singles	Report at 12:30 pm	Petro Bowl, LC
Doubles & Mix doubles	Report at 1:30 pm	Petro Bowl, LC
Putt-Putt Golf	Report at 4:30 pm	Putt-Putt Golf Course
Saturday, April 9		
Archery	Report at 9:00 am	Carlyss Park, Carlyss LA

2011 SOUTHWEST DISTRICT SENIOR OLYMPIC GAMES INDIVIDUAL ENTRY / PARTICIPANT WAIVER FORM

**COMPLETE INFORMATION AND RETURN WITH FEES TO:
Southwest District Senior Games, PO Box 806, Sulphur, LA 70664**

Last Name _____ First Name _____ ML _____

Preferred Name: _____ Referred By _____

Address _____ Parish _____

City _____ State _____ Zip _____

Day Phone _____ Cell Phone _____ Sex _____

Date of Birth _____ Age you will be by December 31, 2011 _____

How did you hear about us: Newspaper – Billboards – Website – TV or Other _____

PARTICIPANT WAIVER -- COMPLETE, SIGN & RETURN

In consideration of being allowed to participate in any way in the Senior Olympic Games program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk of serious injury to me does exist: and

2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation:

3. I willingly agree to comply with the stated and customary terms and conditions for participation. IF I observe any unusual significant concern in my readiness for participation and/ or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately: and

4. I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE THE Louisiana Senior Olympic Games Inc, its officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leaser of premises used to conduct the event ("Releases"). WITH RESPECT TO ANY INJURY, DISABILITY, DEATH, or loss or damage to person property incident to involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

5. I, for myself and on behalf of my/our heirs, assign, personal representatives and next of kin. HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releases from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I, the undersigned participant, grant the Southwest District Senior Games the right to use any pictures taken of me during the Southwest District Senior Games without my remuneration and in any medium the photographer/staff sees fit for art, advertisement, exhibition, editorial, or any purpose whatsoever.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

SIGNATURE: _____ **Print Name:** _____ **Date:** _____

EMERGENCY CONTACT: _____ **Phone:** () _____

Name _____

2011 ENTRY FEES - Southwest District Senior Games
RETURN THIS PAGE with CHECK or MONEY ORDER

Entry fees must be sent with this form to be eligible.

Entry Fee for 3 Sports _____ \$15.00 \$ 15.00

Each Additional Sport over 3 _____ each \$ 2.00 \$ _____

2X or 3X T-Shirt fee _____ \$ 2.25 \$ _____

Archery lunches __ (participants) _____ \$ 2.00 \$ _____

Archery lunches __ (guest) _____ each \$ 2.00 \$ _____

Guest lunch __ Friday or Saturday (circle one or both) __ each \$ 2.00 \$ _____

Donation to help support SWLA District Senior Games _____ \$ _____

TOTAL AMOUNT ENCLOSED _____ \$ _____

All Entrants - Circle your T-shirt size preference

S M L XL 2X 3X

Additional Fees To Be Paid at Site: Golf, Bowling (Singles, Doubles or Mixed Doubles) & Putt-Putt

Mail Entry Form and Waiver Form:
Southwest District Senior Games
PO BOX 806
Sulphur, LA 70664

TEAM CAPTAINS PLEASE CALL 337-625-7556 FOR A TEAM ROSTER FORM